

# Totnes Canoe Club



Newsletter August 2010

Its nearly the end of August and we have already finished another flat water training season. We have been fortunate with the weather (mostly) and its been great to see so many new faces alongside our longer standing members. To keep in touch with the fun through the winter months you are strongly encouraged to join the Club Yahoo Group - see below.

## Pool Sessions

This coming Saturday 28th August at Totnes Pavilion Pool. As usual its 5.00 to 6.00 for beginners, 6.00 to 7.00 for improvers. If you plan to learn a bit of whitewater this autumn and come on some peer trips then this is the place to practice rolling and support strokes in the warm.

## Tuesdays

With the light closing in and darkness descending nearer 8.00pm we have to finish the Tuesday sessions during August. However, as mentioned in a separate email we will be having a fun session this coming Tuesday 24th - open to all members and free of charge. Come and enjoy the last of the season.

## Fun Day

A great time had by all - the sun shone and the water was wet. The pictures to the right show a variety of creative ways to fall in the river...thanks to Mik and Martin for these.

## Totnes to Dittisham

No pictures were available at the time of writing, but an excellent turn out and reasonable weather made for a most enjoyable trip.

## Erme Trip Mothercombe beach to Fleet House (and back again)

Keep your diaries free for the final official club trip this year - Saturday 18th September. Due to the timing of the tides this will be an afternoon trip, hopefully with a barbeque at the end. More details to follow nearer the time.

## Trywerwyn

The first weekend in September sees the annual trip to the Welsh national White Water centre near Bala. A luxury camping barn has been booked and there is something for everyone - advanced and intermediate white water, and lots of walks for non paddlers. Its coming soon so contact Jeremy urgently if interested.



## Peer trips

Do check out the Canoe Club Yahoo Group. This is open to all members and is a forum for communication particularly regarding peer group trips over the winter months. These may be white water, flat water (generally estuaries) or on the sea. Some trips are suitable for beginners and some only for more experienced paddlers.

One of the great beauties of this system is that EVERYONE can suggest a trip and see if anyone, including coaches, is interested. So if you want a gentle flat water paddle one weekend just post a message asking if anyone is interested.

To join, simply send an email to

[totnesc-subscribe@yahoogroups.co.uk](mailto:totnesc-subscribe@yahoogroups.co.uk)

If you want to talk to someone to find out more contact: General Touring & White Water: Chas Billing, Surf: Jon Purdye, Sea: Jeremy van Reimsdyke  
NB: Note that the peer groups are not official Club trips – they are simply groups of friends paddling together using the peer group network to communicate.

## Contacts

General club enquiries: [tcc@41.eclipse.co.uk](mailto:tcc@41.eclipse.co.uk)

Website: [www.totnescanoecub.org.uk](http://www.totnescanoecub.org.uk)

Membership: [adrianandsarah@aol.co.uk](mailto:adrianandsarah@aol.co.uk)

## Cardiff International White Water Centre

A picture speaks a thousand words, so here are 6000 words...

